

# LUNCH

SATURDAY, JANUARY 23, 2021

## MEXICAN CHICKEN W/ MEXICAN RICE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
515	615mg	24g	34g	28g	145mg	1g

## BLT WRAP


CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
331	773mg	13g	19g	27g	26mg	2g

## HOPPIN' JOHN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
105	500mg	4g	1g	20g	0mg	4g

 contains wheat

 contains egg

 contains milk

 vegetarian


 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen